MEDIA RELEASE

STILLIFE with teapot

by BRIGID LOWRY

ABOUT THE BOOK

The good thing about being my age is that if you haven't grown up already, you don't have to.

What do you do when you start talking to yourself on the bus? If you're the writer Brigid Lowry, you change tack and write a book about what it means to be an ageing woman in the 21st century.

In *Still Life with Teapot* Lowry offers advice, observations, hope and reality checks in equal measure. She drops us straight into the writer's world – into the nuts and bolts of writing practice and into the art of life and ways to write about it.

Still Life with Teapot is an essential brew for people who love to make lists, for people who love to write and for people who love to read about writing.

ABOUT THE AUTHOR

The daughter of a typographer, Brigid Lowry began her writing career by self-publishing two dreadful poems when she was eight. She spent her twenties living in a Buddhist community, veered into performance poetry in her thirties, and subsequently gained a masters degree in Creative Writing before writing eight award-winning young adult books. She is a Zen student,

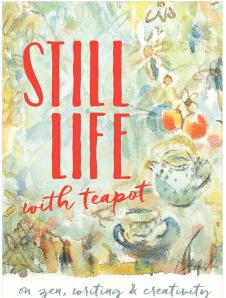


a socialist, a creative writing teacher, an introvert who talks too fast, a drifter and dreamer who loves the world of words. Brigid likes movies, travel, walking and hanging around in libraries. She believes in nectarines, coloured pencils and op shops, and in encouraging others to live with authenticity and joy.

KEY POINTS

- Inspired by the 10th-century 'pillow book' by Japanese courtier Sei Shonagon, which made intimate observations and devised amusing lists about everyday life.
- Book club notes will be available online from fremantlepress.com.au.





on zen, writing & creativity
BRIGID LOWRY

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