MEDIA RELEASE







When Jay's husband lands a diplomatic job in Warsaw, she jumps at the opportunity to escape her predictable life in Canberra for a three-year adventure in the heart of central Europe.

Jay shelves her corporate wardrobe and throws herself into life as a diplomatic wife. Between glamorous cocktail parties and ambassadorial shenanigans, Jay sets out to get know quirky, difficult, fascinating Poland, with its impenetrable language and sometimes unfathomable customs.

It's a challenge even for an intrepid traveller with a willing heart. Not to mention the marriage that increasingly doesn't look like it will survive its third Polish winter.

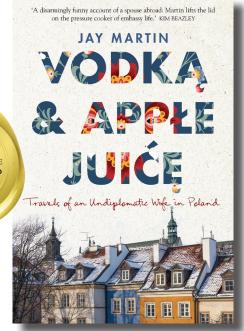
ABOUT THE AUTHOR

Jay Martin grew up in Melbourne and lived in the UK, Vietnam, India, Japan and Perth before moving to Canberra, where she worked as a social policy adviser and inadvertently married a diplomat. While in Poland, Jay worked as a freelance writer for Australian and European publications, volunteered at the Warsaw Uprising Museum and baked one decent chocolate cake. She came to understand snow and vodka, but never, really, pickled herring. Jay lives in Alberta, Canada, with her husband.



NOTES

- *Vodka and Apple Juice* was the first creative non-fiction manuscript to win the City of Fremantle T.A.G. Hungerford Award an award previously won by Gail Jones, Brenda Walker and *Sydney Morning Herald* Best Young Novelist of the Year Alice Nelson, to name a few.
- There are very few travel narratives about Poland and even fewer by Australian writers.
- The book is both a behind-the-scenes look at life inside an Australian embassy and a great travel read. It is a warm, engaging memoir that will appeal to the armchair traveller and readers who enjoy books like *Eat Pray Love* and *Under a Tuscan Sun*.



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