

# WOMBAT, MUDLARK & OTHER STORIES

by HELEN MILROY

## ABOUT THE BOOK

*Some children are just like the wombat in this story. They are dreamers who inspire us with their imagination and wonder. They are exceptional children and wise beyond their years.*

From a falling star to a lonely whale, an entertaining lizard to an enterprising penguin, this book is full of surprises, adventure and enduring friendships. Told in the style of traditional Indigenous teaching stories, each of these eight tales takes young readers on a journey of self-discovery and fulfilment. The book encourages young people to feel proud of their imagination, their energy, their optimism, their emotional intelligence, their family connections, their thirst for knowledge, their bravery and their ability to make us laugh.

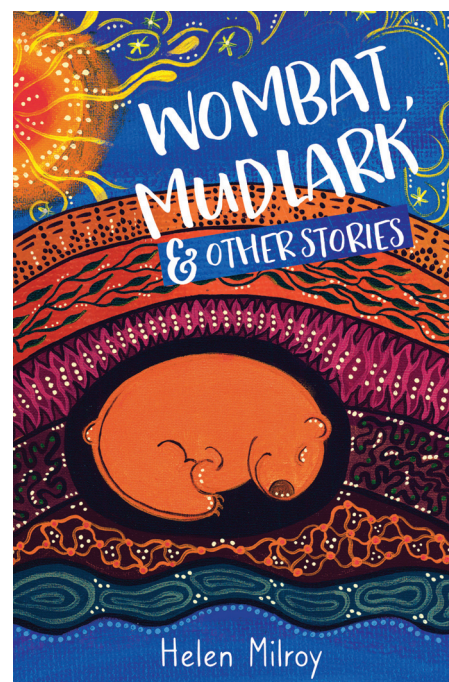
## ABOUT THE AUTHOR

Dr Helen Milroy is a descendant of the Palyku people of the Pilbara region of Western Australia, but was born and educated in Perth. Australia's first Indigenous doctor, Helen studied medicine at the University of Western Australia and is currently Winthrop Professor and Director of the Centre for Aboriginal Medical and Dental Health at UWA, and a consultant child and adolescent psychiatrist with the Specialist Aboriginal Mental Health Service, Department of Health. Helen was recently appointed as the AFL's first Indigenous commissioner. This is her first book for children.



## KEY POINTS

- Dr Helen Milroy has used these stories with many children in her work as a child psychiatrist.
- Dr Milroy is also a talented artist. Both the cover image and the black-and-white images for each individual story were painted by Dr Milroy.
- The book is being released in time for NAIDOC week, 7–14 July 2019.
- The book is a great tool for anyone working with children who wishes to find a way to emphasise with the lesser-acknowledged emotional talents of children and all those personality traits which make life better for family, friends and community.



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