

# running deep

AN AUSTRALIAN SUBMARINE LIFE

by **COMMODORE PETER SCOTT**

## ABOUT THE BOOK

From conducting top-secret missions to making Australian submarine history, Commodore Peter Scott depicts what it takes to be a Submariner.

Over a decorated 34-year career, Commodore Scott served in ten submarines, passed the most demanding military command course in the world and served as the Head of Profession of the Submarine Arm of the Royal Australian Navy. During that time his character was forged by the challenges of naval service, success and failure as a leader, catastrophic onboard disasters while dived, and life-threatening traumas. Along the way, he also endured personal battles with self-doubt, addiction, depression and anxiety.

In this honest and enlightening tale, he shares his quest for self-acceptance, and for the courage, commitment and compassion to lead the warriors of Australia's Silent Service.

## ABOUT THE AUTHOR

Peter Scott joined the Royal Australian Navy as a seventeen-year-old Midshipman and rose over three decades to be the Head of Profession of the Navy's elite – the Submarine Arm. Having retired from full-time naval service as a Commodore in early 2017, he now works as an Executive Coach using his experience and a Masters in Coaching Psychology to unleash the courage, compassion and wisdom of today's leaders.

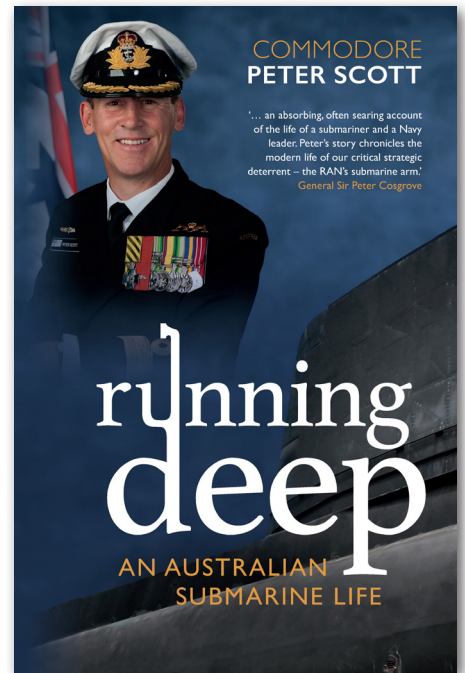


## KEY POINTS

- This book reflects on the author's time in naval service, his success and failure as a leader, and his personal battles with mental health.
- Peter is an experienced speaker who is passionate about talking with people to help them discover their courage and compassion.
- Peter Scott served on the Collins Class Submarine and was involved in choosing which submarines to commission at a time before nuclear submarines were an option. Peter is passionate about sharing why Australians need submarines and what really happens to the crews who serve undercover and under pressure beneath the world's oceans.

## PRAISE FOR THE BOOK

'Personal and full of integrity, a great account of the ups and downs of serving Australia as an outstanding submariner.' *Air Chief Marshal Sir Angus Houston AK, AFC (Ret'd)*



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