

## MEDIA RELEASE

# LOVE, DAD

## CONFESSIONS OF AN ANXIOUS FATHER

by LAURIE STEED

### ABOUT THE BOOK

The father of two young boys, Laurie Steed reflects on how his own experiences have defined the kind of man he is and the kind of parent he would like to become. His stories – triumphant, funny and sad – draw on Laurie’s own childhood experiences and important relationships with family and mates, alongside the challenges of trauma and mental health shared by many men. This memoir openly discusses how Laurie strives to overcome challenges – from breaking generational cycles to maintaining joy in work and parenthood – and how others new to parenting can learn from this authentic story of a twenty-first century dad and his family.

### ABOUT THE AUTHOR

Laurie Steed is a writer living and working in the Wadjak region on the traditional lands of the Noongar people. His fiction has been broadcast on BBC Radio 4 and published in anthologies including *Best Australian Stories* and *Award-Winning Australian Writing*. He is the author of *You Belong Here*, published in 2018 and shortlisted for the 2018 Western Australian Premier’s Book Awards, and *Greater City Shadows*, which won the 2021 Henry Handel Richardson Flagship Fellowships for Short Story Writing from Varuna – The National Writers’ House and was shortlisted for the 2022 Dorothy Hewett Award for an Unpublished Manuscript. In 2022, he was selected in the cohort of the Minderoo Foundation Artist Fund.

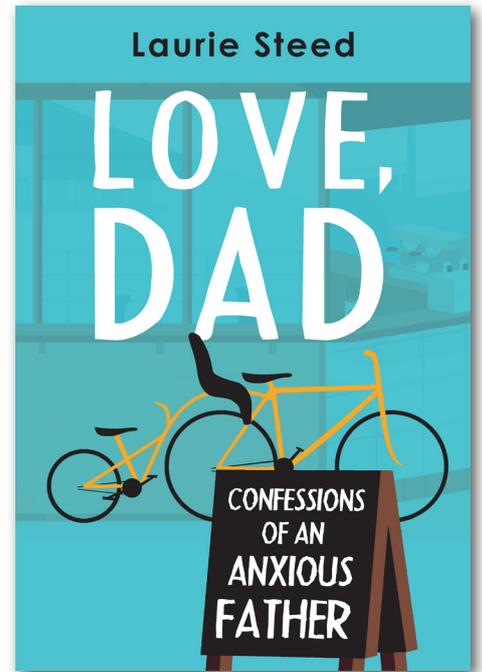


### NOTES

- This is not an instruction manual for parenting, but rather a way to show, through the power of storytelling, how to become a mindful and connected parent.
- Steed is a well-respected mentor who currently works for Writing WA and has lectured and run workshops in writing, editing and publishing, as well as working as the communications manager for the Small Press Network. He has a PhD in Creative Writing from UWA and a Master of Editing and Publishing from Monash University.

### PRAISE FOR THE BOOK

‘Steed also takes us on his personal journey with trying to do the responsible thing and have a “real” job, but staying faithful to his calling and turning it into something productive. *Love, Dad* will ring true to different readers, and it has a lot to offer most of us, but most of all the anxious dads we know and love.’ *Books+Publishing*



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