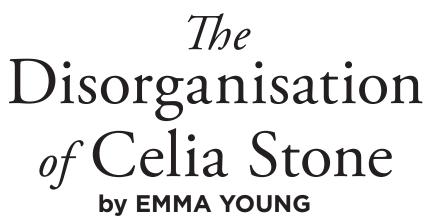
MEDIA RELEASE



ABOUT THE BOOK

Meet Celia Stone, the ultimate hyper-organised, journal-obsessed thirty-something with a life that is perfectly planned out and running like clockwork. From her promising writing career to her devoted partner and rigorous fitness routine, Celia has it all – and she's right on track with her early retirement plan. But when her husband suggests it's time to start a family, Celia begins to question whether a new addition might just throw everything she's worked so hard to achieve off course.

Follow Celia's diary entries on a year-long journey of self-discovery as she navigates the ups and downs of trying to have it all.

ABOUT THE AUTHOR

After five years in bookselling, Emma retrained as a journalist and has been reporting since 2011 – first for community papers, then as a statewide digital journalist for *WAtoday*. Her work also regularly appears in sister publications the *Age* and the *Sydney Morning Herald*.

The Last Bookshop was shortlisted for the inaugural Fogarty Literary Award in 2019.

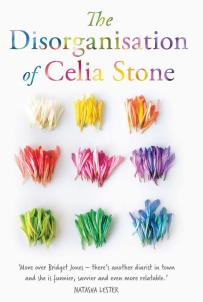
KEY POINTS

- *The Disorganisation of Celia Stone* is an engaging snapshot of the contemporary experience familiar to many women managing anxiety and unrealistic expectations.
- The book was inspired by Emma's own experience of juggling the emotional strain of working as an environmental reporter, all while being a new mum and writing three books in five years. Watch Emma talk about her book on YouTube: <u>https://youtu.be/wxO-hCqi4NY</u>
- Emma will donate 50% of her author royalties to Beyond Zero Emissions – an independent, solutions-focused and internationally recognised Australian climate change solutions think-tank.

PRAISE FOR THE AUTHOR

'Move over Bridget Jones – there's another diarist in town and she is funnier, savvier and even more relatable.' *Natasha Lester*

'Like a warm breeze, reminding us that stories can help heal.' *Australian Women's Weekly*



EMMA YOUNG

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