

# WHAT CAN I FEAR LESS?

Can you draw two things that you are fearful of?  
Then can you draw or explain ways that you could become less fearful of them?

FEARFUL

FEARLESS



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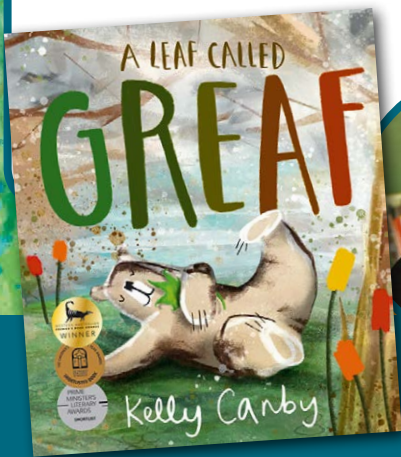
# WHAT DOES YOUR EMOTION LOOK LIKE?

*A Leaf Called Greaf* is about a bear whose emotions change with each passing season after he loses his family. Use the three spaces below to draw how you would feel in each scenario.

Draw how you would feel if someone surprised you with a nice gift.

Draw how you would feel if you lost that nice gift.

Draw how you would feel if you found that nice gift again.



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